BREAKFAST

MARCH 2025



All meals include a choice of white or chocolate milk. This institution is an equal opportunity provider. Menu is subject to change due to supply Shortage.



National School Breakfast Week is March 3 – 7. Check with your school nutrition team to see how you can celebrate National School Breakfast Week at your school this year!



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	MONDAY	TUESDAY	WEDNESDAY ///	THURSDAY	FRIDAY
	Combo bar Yogurt & Granola Apple slices Juice Milk	Scrambled egg w/ bacon Banana bread Tropical fruit Juice Milk	Breakfast Pizza Cheese Stick Grapes Juice Milk	Biscuit & Sausage Gravy Yogurt & Granola Banana Juice Milk	Green Eggs & Ham Mandarin Oranges Juice Milk
	Oatmeal Cheese stick Pears Juice Milk	Omelette Bacon Toast Pineapple Juice Milk	Pancake on a stick Cheese stick Peaches Juice Milk	Biscuit & Sausage Gravy Yogurt & Granola Applesauce Juice Milk	NO 14 SCHOOL
	NO SCHOOL	NO 18 SCHOOL	NO ID SCHOOL	NO 20 SCHOOL	NO 21 SCHOOL
	Blueberry muffin Yogurt & Granola Pears Juice Milk	Breakfast casserole Banana bread Fruit cocktail Juice Milk	Waffles Sausage patty Strawberries Juice milk	Biscuit & Sausage Gravy Yogurt & Granola Applesauce Juice Milk	Cereal Yogurt & Granola Tropical Fruit Juice Milk
	French toast Sausage patty Tropical fruit Juice Milk				

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Milk

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March is National Nutrition Month! To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.



References: Academy of Nutrition & Dietetics, USDA MyPlate

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Cheeseburgers Potato wedges Corn Pineapple Milk	BBQ Chicken Mashed Potatoes Peas Roll Applesauce Milk	Pizza Salad mix Carroteenies Ranch beans Tang Ice Cup Milk	Chicken tortilla soup WG chips Celery Carroeenies Mixed fruit Milk	Spaghetti Corn Fruit Cocktail Garlic Bread Milk	
Sloppy joes Okra Sweet potato fries Applesauce Milk	Popcorn chicken Au gratin potatoes Broccoli Roll Pears Milk	Beef tacos Lettuce, Tomato, Cheese Pinto beans Carrots Brown rice Peaches / Milk	Steak Fingers Mashed potatoes Green beans Roll Mandarin oranges Milk	NO 14 SCHOOL	
NO 17 SCHOOL	NO 18 SCHOOL	NO 19 SCHOOL	NO 20 SCHOOL	NO 21 SCHOOL	
Chili beans Cornbread Corn Fruit cocktail Milk	Chicken fettuccine Broccoli Breadsticks Salad mix Oranges Milk	Frito chili pie Brown rice Carrots Peaches Milk	Chicken enchiladas Carroteenies Celery Pears Milk	Meatloaf Au Gratins Green Beans Blackcherry Ice Cup Milk	
Nachos w / salsa Squash Zucchini Oranges					